American Board of Psychoanalysis

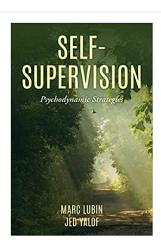


Jed Yalof, Psy.D., FABP & Marc Lupin, Ph.D.

Book Description:

Drs. Marc Lubin and Jed Yalof provide a roadmap to self-supervision.

Grounded in psychodynamic literature, Self-Supervision: Psychodynamic Strategies provides teachers, supervisors, and students with a methodology and instructional vignettes that support a deeper understanding of the therapeutic relationship through various self-observational strategies, including notetaking, dreams, free associations, recall of memories, and technology.



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These techniques, along with understanding the impact of the supervisory introject; transference along with understanding the impact of the supervisory introject; transference, countertransference, and projective identifications in supervision; the supervisory framework; human diversity; and an approach to validating the success of self-supervisory activity, help make accessible different thoughts and feelings that might otherwise escape supervisory attention, and self-reflection. The methods and processes of self-supervision allow for the continuity of an internalized self-supervisory model as part of life-long learning.



Jed A. Yalof, PsyD, ABPP, ABAP, ABSNP, FABP, earned his PsyD from the Illinois School of Professional Psychology. He is a Training and Supervising Analyst at the Psychoanalytic Center of Philadelphia. and Professor Emeritus at Immaculata University, where he served as Chair of the Department of Psychology and Counseling and Director of the PsvD Program in Clinical Psychology for thirty years. Prior to that, he was the Director of College Counseling and Testing Services. He is in private practice in Haverford, Pennsylvania, and specializes in psychotherapy, psychoanalysis, personality testing, educational evaluations, and neuropsychological assessment, and is the Staff Neuropsychologist at the Austen Riggs Center..



Marc Lubin, PhD, earned his PhD from the University of Chicago, completed postdoctoral fellowships Michael Reese Hospital and the Austen Riggs, Center, and taught at the Sonja Shankman Orthogenic School before joining the Illinois School of Professional Psychology in 1976. He was Dean and Unit Head (1976-2002), first Dean of the Faculty (1981-1991), and Faculty Chair and PsyD Program Director (1977-1991). He is Professor Emeritus (ISPP), and now an Adjunct Professor at the Chicago School of Professional Psychology (Irvine campus). Dr. Lubin has presented a range of papers on teaching topics related to enhancing therapist self awareness at the Division of Psychoanalysis, APA Division 39 meetings



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